

Considering a kidney transplant?

Kidney transplant is considered one of the most effective treatments for end stage renal disease (ESRD) and may offer many benefits including a higher quality of life and better health outcomes. It is still a complex surgery with potential risks, so it's important to learn all you can. Your social worker and insurance coordinator are here to help you through the process.

5 things to know:



Kidney transplant is a treatment—not a cure. Although most transplants are successful and last for many years, how long they last can vary. Some people will need more than one kidney transplant during their lifetime.



There are 2 types of kidney donors. An ideal match is from a living donor. You can also find a good match if placed on a donor waiting list to receive your transplant from a deceased donor.



Know your insurance coverage options. You will likely be encouraged to enroll in Medicare in preparation for a transplant. Average transplant waiting time is 3-5 years—so before making any insurance changes, talk to your insurance coordinator about timing and your coverage.



Your transplant center is your choice. In addition to your doctor's referral, your insurance coordinator may be a resource to help you make an informed decision.



Your health is your key to success. Before surgery, you'll need to pass a physical. Your doctor will also screen for any medical conditions that could impact your recovery.

Have health insurance coverage other than Medicare?

Talk to your insurance coordinator today to discuss your insurance options and what may work best for you.



MAKE A TRANSPLANT PLAN

From understanding transplant-related costs to insurance coverage options, connecting with your social worker is your first step in making a plan.