

# Learn which dialysis treatment is best for you

Whenever possible, a transplant is your best treatment option. During your waiting period, choose the best dialysis treatment to fit in with your lifestyle.

<b>Factors to Consider</b>	<b>At-Home Dialysis</b>	<b>In-Center Dialysis</b>	<b>In-Center Overnight (Nocturnal) Dialysis</b>
You are employed or attending school FT/PT	●		●
You travel daily or frequently take overnight trips	●		
You're a parent with dependent children or you're a care partner	●		●
You want to avoid travel time to and from a clinic	●		
You want to take an active, hands-on role in your care	●		
You want freedom and control over your treatments	●		
You enjoy the comfort of your home	●		
You want trained medical personnel to administer your dialysis treatment		●	●
You want to be around other people receiving treatment for kidney disease		●	
You need help learning, remembering or performing manual tasks		●	●
You have trouble keeping up with housework and cleaning		●	●
You do not want dialysis supplies or equipment in your home		●	●
You want more flexibility in what you can eat and drink	●		
You are socially active and prefer to dialyze at night	●		●
You are young and otherwise healthy, without any other serious health conditions	●		●
You want the treatment most similar to your body's natural function	●		